



## Are Gas Prices killing you? Well reThink Your Commute

Americans spend 20% or more of our total income on transportation. Based on the national average of a 30 mile commute, American's spend almost \$90 per week or approx. \$360 per month commuting to work.

In the Central Florida area the Florida Department of Transportation has a free program available to anyone that can help you **reThink** how you commute, showing you opportunities to save you a lot of money, and help the environment in the process.

**reThink** can help you investigate many options including, carpooling, vanpooling, riding the bus or train, biking, walking, telecommuting, or flex work schedules. There is lots of valuable resources including a ride matching program that will help you find a carpooling partner.

Dina Belon the Chapter past president has taken part with **reThink** and is carpooling now. Here is her story: Dina lives in Titusville about 52 miles from where she works at The Peabody Orlando, well above the average in the U.S. Dina found a carpool buddy who works at Disney and lives near her, and their schedules are similar. Dina drives 525 total miles per week which is a commuting cost of \$310. She and her carpool buddy now share a ride at least 3 times a week, saving Dina \$130 per week in commuting costs, which is \$520 per month.

Now, not everyone drives 105 miles round trip every day, but even if you are driving the national average of 30 miles round trip you could be saving up to \$90 per week, which adds up quickly.

### HOW TO GET STARTED

Call reThink at 1-866-610-RIDE(7433) or go on the website to do more research or start your search for a carpool buddy. Website address: <http://www.rethinkyourcommute.com/>