## It's Spring Time... time for get spring cleaning. Here are a few tips to make your efforts more environmentally friendly.





# Happy Earth Day – April 22<sup>nd</sup>, 2013 celebrate by volunteering your time for a good cause.

#### Protect yourself and our natural waterways from harmful chemicals

- Swap out your harmful cleaners with all household items. Many products can be cleaned with lemon juice, baking soda or vinegar.
- Avoid cleaners containing phosphates. When this substance gets into rivers & lakes, it creates algae blooms.
- Minimize use of bleach. Chlorine creates harmful toxic compounds in waste water.

#### Minimize packaging

 Try to buy concentrates of your cleaning products. This allows you to just add water to your spray bottle. Minimizing plastic packaging.

### **Indoor Air Quality**

 If you must use a harsh chemical. Keeping windows open to keep toxins from building up in your home.

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